## **Global Supervisors' Network**

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## **Supervision in Europe**

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## Dr Michel Moral

- □ International executive within IBM until 2003.
- □ Assignments (12 years total) in the USA, Germany and Austria.
- Specialised in cultures (geo and corporate), on executive team performance and on collective intelligence.
- □ Ten books published since 2004
- □ Trains coaches on « team coaching » at the University Paris VIII, at the University Cergy-Pontoise, and in the CRC of HEC Paris.
- Master's degree of engineering from the Ecole Centrale de Paris
- Doctorate in Clinical Psychology and Psychopathology.
- Coaches executives and executive teams (EIA Master)
- □ Supervises coaches (ESIA from EMCC).
- □ Trains coach supervisors (Training having ESQA from EMCC)
- □ In EMCC: ESQA Work Group member and ESIA Work Group leader





# Michel's books (Some are or will be translated in Portugese, Chinese, Korean)



## Supervision in Europe: Professional bodies involved



### SOME LOCAL COACHING/SUPERVISION ASSOCIATIONS

- About 30 to 50 local coaching/mentoring/supervision associations in Europe
- Examples:
  - SF Coach (Société Française de Coaching), France, 200 members
  - SR Coach (Société Romane de Coaching), Switzerland, 100 members
  - AICP, Italy, 310 members
  - SGCP (Special Group in Coaching Psychology), UK Italy, members?
  - FFC Pro (Fédération Francophone de Coachs Professionnels), France
    Belgium Luxemburg Switzerland, 90 members
  - Professional Supervision Federation, France, 40 members
  - Cako (Czech Association od Coaches), Czech Republic, members?
- Presence in one or more countries
- Own supervision competence framework
- Own accreditation system for supervisors



#### EASC (European Association for Supervision and Coaching)

Founded in 1994 as EAS by supervisors and supervision trainers

EACS in 2010

Objective: create a supra-regional European association that stands for the highest quality.

Located in Berlin

Represented in Spain, Czech Republic and Switzerland

200 members.

As coaching became more and more professionalized many members started offering coaching too. The association then developed quality standards for coaching and training in coaching based on the quality standards for supervision. EASC distinguishes between the two autonomous professions of coach (and master coach) and supervisor.



#### An example:

#### **Position of the SF Coach (France) on supervision (extracts)**

« For the SFCoach and its members, the **différence between the coach and the supervisor is essentially that the client is different**. .....

••••

It is the coachs, by selecting the supervisor, who creates the legitimity of the supervisor who, himself or herself, accepts this position... »

So: No need for training (nice to have?) No need for accreditation

See the full text (in French): http://www.myrhline.com/actualite-rh/la-sfcoach-presente-sa-position-officielle-sur-la-question-de-l-exercice-de-la-supervision-individuelle-ou-collective.html#



## **ROLE OF EUROPEAN UNION**

Several processes will impact the coaching and supervision industry on the long term:

**Bologna Process:** aims at ensuring comparability in the standards and quality of higher education qualifications.

**Lifelong Learning Programme** (LLP): Designed to enable people to take part in developing education and training at any time in their life.

**Leonardo da Vinci programme:** Part of LLP focused on the teaching and training needs of those involved in *vocational education and training* (VET).

**Copenhagen process (2002):** Helps to improve the performance, quality and attractiveness of *vocational education and training* (VET).

#### **European Qualifications Framework (EQF)**:

- Common way of describing qualifications across Europe
- Helps to facilitate the lifelong learning of professionals
- Common European reference framework
- Uses two validation systems called ECTS and ECVET.

Some coaching and supervision bodies (ANSE, EMCC) plan to comply with the on medium and long term.

## **ECVision**

**2011**: Steering Committee formed with VHS, GmbH, ANSE, and EUROCADRES to apply to the Leonardo programme "Development of Innovation".

**2012**: ECVision project selected by the European Commission to develop a *European System of Comparability and Validation of Supervisory Competences*.

**2014/2015**: several products published:

- A glossary of Supervision and coaching,
- A competence framework of Supervision and Coaching
  - using the EQF principles
  - consisting in 24 competences
  - focused on interaction of persons, professional tasks and organisations.
- A competence validation system using ECTS and ECVET.

Except ANSE, the European bodies (EMCC, ICF, AC, AOCS, APECS) have not yet decided what to do with this piece of work

At the same time several international companies and institutions are starting to include in their tenders the competences related to *leadership* and *organisational understandi* 

#### ECVision list of activities and types of supervision

Supervision as a counseling profession: focus on interactions Supervision for work with clients Educational supervision for trainees in professional training courses Supervision as improvement of professional functioning Organisational supervision Supervision as a managérial function

Types of supervision

Case supervision Clinical supervision Coaching supervision, coaching the coach Educational supervision Group supervision Internal supervision Intervision Leadership supervision Meta-Supervision Organisational supervision Team supervision



#### EC Vision Competence Framework: COMPETENCE 12

MPETENCE 12	KNOWLEDGE	SKILLS	PERFORMANCE
RUCTURING THE PROCESS	Mastering different theories of:	Establishing a professional relationship by:	Assessing how both supervisor/coach and supervisee/coachee present themselves
	- Social psychology	-Observing and reflecting the initial stage of the	at the initial stage.
	- Relational theories and models of intervention	supervision/coaching	
	- Context and power dimensions	-Basing the relationship on a clear contract	Building trust, encouraging openness and self-revelation by fostering
		- Clarifying which elements within the	accountability, recognising the supervisees/coachees needs and establishing an
		professional relationship need negotiation.	appropriate method of feedback
	Knowledge about:	- Forming a working alliance and clarifying goals,	
	- Components of supervision/coaching contracts	limits and responsibilities of all parties.	Applying appropriate methods according to the specific issues of the
	- Characteristics of the supervisory relationship		supervision/coaching relationship.
	- Concepts on phases of the supervisory relationship		
	- How the subconscious and parallel process may influence		In group supervision establishing relationships with both individuals and the group
	relationships within the process of supervision		as a whole.
	- Specific difficulties and barriers in supervision/coaching relationships		
		Maintaining and developing the relationship by:	Continuously assessing the interpersonal connection with the
		- Creating a dynamic learning process.	supervisees/coaches.
		- Supporting supervisees/coaches needs and	
		encouraging development/	Creating a safe environment by accepting mistakes and vulnerabilities as learning
			opportunities.
		Giving and receiving feedback	Offering opportunities to express needs and feelings and to give and receive
			feedback
		Containing and accurately responding to	Identifying attachment patterns, transference dynamics and handling them as a
		emotions of the supervisees/coaches within	relational mechanism.
		subconscious and parallel process	
			Recognising the feelings of others and responding in an empathic way.
		Managing relationship conflicts and alliance	Dealing with the importance of individual similarities and differences in a
		breaking	supervisory relationship.
			Providing an appropriate balance of challenge and support.
			Adressing processes of competition and rivalty and supporting the
		Handling reciprocity	supervises/coaches in dealing with them. Taking into account the impact of the observer of an action on this action
		nanoning recipiocity	Taking into account the impact of the observer of an action on this action
			Observing the impact of one's own action. Intervening according to this
			observation.
		Ending the professional relationship by:	Identifying expressions and patterns of separation dynamics and handling them.
		-Planning and preparing the termination of a	
		supervision/coaching relationship	Facilitating summarization and evaluation of both the process and the
		- Managing issues arising from the termination	supervised/coaches professional development
		of the relationship	

#### EC Vision Competence Framework: Tentative comparison with EMCC, AC, ICF

	Equivalence ICF	Equivalence EMCC	Equivalence AC
PROFESSIONAL IDENTITY			
Professional Attitude			
1 – Reflectivity	-	с	C, S
2 – Integrating Theory and Practice	-	с	Implicit
3 – Ambiguity tolerance	-	C, S	С
Ethics			
4 – Ethical Conduct	С	Acc, S	Acc, S
Quality Development			
5 – Ascertaining Continuous Professional Development	C, S	C, S	C, S
6 – Ensuring Continuous Personal Development	Cert	C, S	C, S
7 – Contributiong to Professional Standards and Development	С	C	S
Perspective on Person, Work and Organisation			
8 – Relating to Different Personal, Professional and Organisational Values and Cultures	С	С	С
9 – Dealing with Function, Role and Status within an Organisation		-	-
10 – Focussing on Leadership Issues	-	-	-
PROFESSIONAL CONDUCT			
Building a Professional Relationship			
11 – Contracting	CS	C, S	C, S
12 – Structuring the Process	CS	C, S	C, S
13 - Evaluation	-	с	С
Facilitating Outcomes			
14 – Facilitating Professional Development	С	C, S	C, S
15 – Facilitating Change	С	C, S	C, S
16 – Facilitating Learning	С	C, S	C, S
Performing Advanced Communication			
17 – Using One's Own Communication Style Professionally	C, S	C, S	C, S
18 – Managing the Communication Process	С	C, S	C, S
19 – Managing the Person – Work – Organisation – Communication		S	S
20 – Managing Tensions, Disruptions and Conflicts		-	
Handling Diversity			
21 – Diversity Awareness	-	Acc, S	S
22 – Managing Power, Hierarchy and Discrimination	-	S	S
Mastering Settings, Techniques and Methods			
22 - Parforming in Different Settings		c	c



#### **Discussion with participants**

Major differentiators between different types of supervision, countries, professions?

Protection: supervisor, supervisee, client, sponsor, organisation Focus: intrapsychic, interpersonal, system, organisation Framework(s) of the supervisee: single, multiple, integrative, eclectic Layout: F2F, group, intervision, intervision rules, tools

Major effects in supervision?

Traditional research: quality of relationship Modern research: « externality » Bed metaphor Fish metaphor « JOTS » (Jump out of the system)

Why more system in modern supervision?

Better understanding of human behaviors (influence of the system) Identitu conflics (person-system)

